

October 2025

NARC NEWS

NORTHERN ADULT RIDING CLUB

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NEWSLETTER

Norma Cormican
0412 845 375

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CALENDAR OF EVENTS

SEPTEMBER, 2025

September 1 Annual Membership Payable

OCTOBER, 2025

October 26 Rally – Valmont Farms

NOVEMBER, 2025

November 30 Rally – Rosevale Sports Ground

DECEMBER, 2025

**December 13 Play Date – 27 Veterans Row, Westbury
10.00 am start**

December TBC MEMBERS ONLY Trail Ride

No Rally

**TO PROTECT THE SPREAD OF
WEEDS, PLEASE ENSURE ALL HAY
FED OUTSIDE OF YOUR FLOAT IS
ONLY FED IN HAY BAGS. THIS
APPLIES TO ALL NARC EVENTS**

BOOKING PROCEDURE

Bookings must be made via the website
<http://www.northernadultridingclub.org.au>

Bookings open at 9.00am on the first day of the month.

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before the rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required). Not available to previous members.

Please have your membership number handy (to use in the Promo Code) when you go to book.

MONTHLY RALLIES



October Rally

Valmont Farms

- Flat/Poles Lesson – Judy Kilby
- Flat Lesson – Mattea Kersnovski
- Settling In – David Quinn (Afternoon)

Availability of instructors is subject to change without notice

Morning Session will consist of 2 ridden lessons

One lesson with each of our instructors.

Afternoon Session

Ridden Activity on the Mountain Trail Course or Flat Lesson

Settling In Class

Our regular settling-in class will be conducted in the afternoon separately to the regular ridden lessons.

Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

November Rally

Rosevale Recreation Reserve

- Flat/Poles Lesson – TBC
- Flat Lesson – Mattea Kersnovski
- Settling In – David Quinn (morning)

Availability of instructors is subject to change without notice

Morning Session will consist of 2 ridden lessons

One lesson with each of our instructors.

Afternoon Session

Fun Ridden Activity

Settling In Class

Our regular settling-in class will be conducted in the morning, separately to the regular ridden lessons.

Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

December

No Rally

SEPTEMBER RALLY

Birralee Pony Club Grounds

Jenna Sommerville

Our September rally did not dissappoint. We were well supported with numerous riding participants booking in for our first outdoor rally of the season! The sun was very welcome and our morning coaches for the three ridden group were Jules Targett, Reegan Heathcote and Melissa Jones. Activities included various flatwork movements and pole exercises to keep both horse and rider united and in sync.

After a bite to eat for lunch, a few riders stayed on with Reegan Heathcote for more challenges and Melissa Jones ran the Settling In group. We appreciate the experience and lessons gifted by our fantastic coaches.

Many thanks to our supportive riders who book in and make these rallies possible with their attendance, and of course to our fabulous committee members who continue to organise safe and well run rally's.







MEMBERSHIP

Annual Membership subscriptions are payable on 1 September.

Please renew your membership via the website prior to 31 October, 2025 to retain member privileges.

PLAY DAYS

NARC hold Play Days for current members at Westbury. The focus will be obstacles and desensitization. Dates are announced via the NARC Facebook page and will include midweek and weekends.

This is planned as a fun and relaxed outing for members to bring horses of any skill level. Young or even retired horses are welcome. Ridden or unriden, it is an outing to spend in the company of your equine and club friends.

Only one horse per person.

There is no formal instructor, rather two club committee members will be present to brief the attendees. The first hour will not be under saddle and the second hour is optional to be ridden.

Cost is \$10 for two hours usually 10am to 12pm. Please book and pay via the NARC website to ensure the day goes ahead.

Please be there by 9.30 to help set up equipment and help to dismantle is required.

Bring a packed lunch to enjoy after the activities. Check the club Facebook page by 8.00am on the day for cancellation notice if the weather looks questionable. Approved safety helmet and appropriate riding boots need to be worn.

Enquiries to Anna Hayward 0417 010 546



WORKING WITH VULNERABLE PEOPLE REGISTRATION

The Tasmanian Government has announced it will be removing the cost of registering for a Working with Vulnerable People (WWVP) card.

This is a big win for sporting and community clubs across the state and follows a joint advocacy letter submitted earlier this month by Clubs Tasmania and Volunteering Tasmania, urging the government to scrap the \$22.44 volunteer registration fee.

This fee had become an unnecessary barrier to volunteering in a time of rising living costs and increasing regulation. Many other states do not charge volunteers a fee for an equivalent registration, while Tasmania's fee is also the highest.

This follows reports from clubs all over the state, from small football teams, bowls clubs and netball committees, about how this cost was deterring volunteers or stretching already limited club budgets. By raising this issue with Volunteering Tasmania and co-signing the call for action, ETas helped drive the momentum that led to this change.

While initially a two-year pilot, ETas hopes it will become permanent in future years.

NAN CATMUR

Obstacle Instruction, Building Partnerships and Confidence Lessons at Nan's Riding School, Longford

*Private one on one lessons, or Group lessons available (Max 4 people)

These Lessons will help riders prepare their horses for success in Obstacle Work. In these sessions we will break down the basics required for manoeuvring your horse efficiently through a course of diverse obstacle challenges. We will be covering turning movements, effective desensitising strategies, timing and approach and retreat strategies for building confidence and a strong partnership with your horse. We will make sure you and your horse are on the same page.

For Private Bookings Contact Nan on 0428 578 779 or email: nansridingschool@gmail.com

CONCUSSION POLICY

In line with Equestrian Australia recommendations, at all NARC events the Concussion Recognition Tool 5 ® will be used to screen all individuals who have potentially sustained a concussion.

It is NARC policy that following any fall at a NARC event is managed in accordance with the Equestrian Australia concussion guidelines and Incident Reporting. You will be asked to acknowledge and adhere to these guidelines when you book for an event.

If concussion is suspected, then the rider must not remount their horse or drive home. Their emergency contact will be contacted by the club to ensure their safety.

Further details are available on the Equestrian Australia website www.equestrian.org.au.

HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so.

If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye

MEMBERS SALE ITEMS

Bates Caprilli VSD Saddle (All Purpose)

17.5 inch. Near new condition although 10 years old.

Comes with an extra wide and average gullet and polar fleece cover. Girth available.

With Cair.

\$2,000

Contact Yvonne Pope ph: 0499 898 181



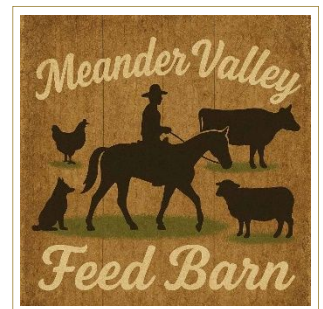
Meander Valley Feed Barn (Ray & Laura Becker) are proud to sponsor Northern Adult Riding Club. With every purchase of feed (horse, dog, poultry) instore by NARC members and friends, Meander Valley Feed Barn will contribute 3% of the cost to NARC. At the time of purchase, please advise you are a NARC member or friend so the club can benefit. The more people who take advantage of this, the more sponsorship support is passed on to NARC.

Come and see the friendly helpful staff at **44 William Street, Westbury.**

Phone **0447 790 363**

Monday to Friday 9.00am – 5.00pm

Saturday 9.00am – 12 noon



SUPER SAVER



\$17.90
While Stocks Last

Expiry 03/26