

March 2022

NARC NEWS

NORTHERN ADULT RIDING CLUB

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CALENDAR OF EVENTS

MARCH, 2022

- March 24** Nan Catmur Clinic
March 27 **Rally – Westbury Club Grounds**
March 31 Nan Catmur Clinic

April, 2022

- April 7** Nan Catmur Clinic
April 14 Nan Catmur Clinic
April 21 Nan Catmur Clinic
April 24 **Combined Training Day – Westbury Club Grounds (Members Only)**
April 28 Nan Catmur Clinic

MAY, 2022

- May 29** **Rally at Westbury**

JUNE, 2022

- June 12** **Navigation Ride at “Harveydale”, Birralee**
Programs available from 1 May on our Facebook page and website

TO PROTECT THE SPREAD OF WEEDS, PLEASE ENSURE ALL HAY FED OUTSIDE OF YOUR FLOAT IS ONLY FED IN HAY BAGS. THIS APPLIES TO ALL NARC EVENTS

BOOKING PROCEDURE

Bookings must be made via the website
<http://www.northernadultridingclub.org.au>

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before the rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required). Please have your membership number handy when you go to book.

RALLY REPORT

February Camp

Our February Rally at Harveydale proved to be a great weekend. With 18 riders attending on the Sunday and most of those camping the night before. Those that camped enjoyed a Stock Horse Challenge course set up by Tanya King. Tanya showed riders how to execute the course correctly and how they could improve their scores after everyone had a run through. Although simple in its design, it showed how much we can improve on accuracy and responsiveness to from our horses. After that a few rider took a leisurely ride around the grounds before settling in for the night.

The weather was pleasant and the campers gathered around the fire pot (thanks Ted) in the evening to tell tall tales and true. Campers were also privileged to see Elon Musk Starlink is a satellite internet constellation going through the night sky.

On Sunday morning Merindah Thomson set up her Working Equitation obstacles. With Working Equitation the aim is to perform each obstacle with precision and several of the riders found that it was the simplest tasks (like asking your horse to stand still) that were the hardest to achieve. After some practice, everyone had a run through singularly with the obstacles in order. Meanwhile the other group took a leisurely trail ride through the adjoining bush and paddocks. David Quinn provided much appreciated encouragement and guidance to the ladies in the Settling In group.

After lunch we had our annual "Harveydale Challenge". Thanks to Sandy Atkins and Sallie for helping to set up and judge this fun activity which caters for both ridden and non-ridden activities. In the end there wasn't much between the scores of the 2 teams and everyone got a prize !!

It was a fun day and we managed to dodge the few showers in the morning.







MONTHLY RALLIES

March Rally

Westbury Club Grounds

- Flat – TBA
- Poles and Grid – Melissa Jones
- Settling In – David Quinn
- Riding a Dressage Test with Help – in preparation for our Combined Training competition in April. We will have a Dressage Judge on hand to help you ride your best test and critique your efforts. Choose either a Walk/Trot test or Walk/Trot/Canter test, these will be available beforehand.



Availability of instructors is subject to change without notice

Morning Session will consist of 2 lessons and a dressage test

- Flat
- Poles and Grid
- Ride a Dressage Test

Indicate your preferred options through the booking process. Every effort will be made to accommodate to your selection however depending on numbers this may not always be possible.

Afternoon Session

A ridden option is available.

Settling In Class

Our regular settling-in class will be conducted separately to the morning session and participants are welcome to join in the afternoon class as well. Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

April Rally

Westbury Club Grounds

Members Only

Combined Training Competition (Jumping and Dressage).

Dressage training will be provided at the March rally and callers are permitted. Choose either a Walk/Trot test or Walk/Trot/Canter test, these will be available beforehand.

There will be 2 rounds of jumping starting with poles on the ground (10cm)

Games will be available in the afternoon.

PLAY DAYS

NARC are holding Play Days for current members at the Westbury Club grounds on the corner of Veterans and Suburb Rds. The focus will be obstacles and desensitization. Dates are announced via the NARC Facebook page and will include midweek and weekends.

This is planned as a fun and relaxed outing for members to bring horses of any skill level. Young or even retired horses are welcome. Ridden or unriden, it is an outing to spend in the company of your equine and club friends.

There is no formal instructor, rather two club committee members will be present to brief the attendees. The first hour will not be under saddle and the second hour is optional to be ridden.

Cost is \$10 for two hours 10am to 12pm. Please book and pay via the NARC website to ensure the day goes ahead.

Please be there by 9.30 to help set up equipment and help to dismantle is required.

Bring a packed lunch to enjoy after the activities. Check the club Facebook page on the morning of the date for cancellation if the weather looks questionable. Approved safety helmet and appropriate riding boots need to be worn.

Enquiries to Debrah Youd 0408 519 463



NAN CATMUR CLINICS

Offering fun, safe, confidence building sessions on a weekly basis to provide those who have new horses, or a new to riding or getting "back in the Saddle" or just want to go somewhere with their horse. Using obstacles, games, and activities, including ground and ridden. Hosted by Nan Catmur at her Longford property.

Maximum 4 people Suitable for all levels of riders and agility experience.

10am to 12pm

March: Thursday - 24th, & 31st

April: Thursday - 7th, 14th, 21st, & 28th

NARC Members \$35 per day. Non-Members \$50 per day (limit of twice before membership is payable).

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be made via the website www.northernadultridingclub.org.au including payment.

Bookings close on the Tuesday prior to the event. There will be a wait list if a date is fully booked.

HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so.

If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye

TRADERS' TREASURES

Thoroughbred Mare

Bay Thoroughbred bay mare, 6 years old, by Needs Further. Retired from racing June 2019. 15 hands and would make a nice dressage horse. Good to handle but would need an experienced rider. Contact Anne Youl 0418 143 939
