

August 2025

NARC NEWS

NORTHERN ADULT RIDING CLUB

PRESIDENT

Kerrie Bell
0404 049 532

VICE PRESIDENT

Jenna Sommerville
0409 869 077

TREASURER

Sallie Wadley
0428 974 718

SECRETARY

Norma Cormican
0412 845 375

NEWSLETTER

Norma Cormican
0412 845 375

PUBLICITY OFFICER

Jenna Sommerville
0409 869 077

PATRON

Beryl Murray

COMMITTEE

Diane Colebrook
0490 538 412

Hannah Barker
0402 881 319

Tracy Smee
0414 865 704

Anna Hayward
0417 010 546

Nicola Faulkner
0410 026 924

Eva-Maria Bernoth
0431 003 711

Peta Dolan
0419 930 078

Anne Robarts
0438 262 897

CALENDAR OF EVENTS

AUGUST, 2025

August 31 Rally – Longford Indoor

SEPTEMBER, 2025

September 1 Annual Membership Payable

September 28 Rally – Birralea Pony Club Grounds

OCTOBER, 2025

October 26 Rally – Valmont Farms

**TO PROTECT THE SPREAD OF
WEEDS, PLEASE ENSURE ALL HAY
FED OUTSIDE OF YOUR FLOAT IS
ONLY FED IN HAY BAGS. THIS
APPLIES TO ALL NARC EVENTS**

BOOKING PROCEDURE

Bookings must be made via the website
<http://www.northernadultridingclub.org.au>

Bookings open at 9.00am on the first day of the month.

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before the rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required). Not available to previous members.

Please have your membership number handy (to use in the Promo Code) when you go to book.

MONTHLY RALLIES



August Rally

Longford Indoor

- Flat/Poles Lesson – Judy Kilby
- Flat Lesson –Nye Williams
- Settling In – David Quinn

Availability of instructors is subject to change without notice

Morning Session will consist of 2 ridden lessons
One lesson with each of our instructors.

Afternoon Session

Ridden Lesson

Settling In Class

Our regular settling-in class will be conducted in 2 groups, one in the morning and one in the afternoon at this rally.

Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

September Rally

Birralee Pony Club Grounds - Glengarry

- Flat/Poles Lesson –Melissa Jones
- Flat Lesson – Reegan Heathcote
- Settling In – David Quinn

Availability of instructors is subject to change without notice

Morning Session will consist of 2 ridden lessons
One lesson with each of our instructors.

Afternoon Session

Ridden Lesson - Poles and Jumps – Reegan Heethcote

Settling In Class

Our regular settling-in class will be conducted in the afternoon, separately to the regular ridden lessons.

Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

JULY RALLY

Longford Indoor

Jenna Sommerville

NARC had its July rally at the Longford Indoor arena. We were thrilled to have Jules Targett working us over and around a great poles grid. Nye Williams got us busy moving our horse's shoulders, "keeping the forwards", and pole work. Our Settling In group in the afternoon benefited from Nye's experience with training young horses. A great day with some good

laughs, some big smiles and a little huffing and puffing by some, it was a thoroughly enjoyable day, with willing horses and wonderful company.





ANNUAL GENERAL MEETING AND DINNER

Westbury RSL

Jenna Sommerville

Saturday 16th August we held our AGM at the Westbury RSL. Sallie Wadley gave her financial summary of the year and Di Colebrook gave her presidential recap of events. It was great to hear that NARC is currently well supported by its members and that the club continues to offer such events at near even cost.

Andrew Wadley then took the floor to thank the previous 2024-2025 committee members for their year of service, and then chaired the election of the new 2025-2026 committee. Results to be updated shortly.

We very much thank those volunteer committee members who give their time and energy into the running of NARC. It's not an easy undertaking and the club is privileged to be organised by such an experienced team.

It was then time to introduce this year's guest speaker. Tracy Nutting delivered us a two part presentation about her experience getting into equine endurance and breeding, which culminated in an elusive Tom Quilty buckle! What a story!

Our dinner was a tasty two course buffet style meal consisting of roast main and dessert. The cauliflower and broccoli gratin was up there for favorite side dish! Yummy.

The honoured Bruce Murray award was then announced.

The Bruce Murray Award is presented in memory of the late Bruce Murray, who was our Patron Beryl's husband. Bruce passed away 12 years ago and was a great supporter of our Club since its inception, helping out at many events, especially with our Navigation ride. He and Beryl also allowed NARC to use their property as club grounds for many years until the recent rabbit invasion. Hopefully we can get back at some stage. After his passing a perpetual trophy was set up in honor of Bruce, to be awarded to a club member or volunteer who deserves recognition for either their riding achievements or contribution and commitment to the Club throughout the year.

This year's worthy recipient was Nicola Faulkner. Nikki regularly attends rallies when her busy schedule allows. Her partnership with her horse has strengthened and she is there to support others when needed. Nikki did a wonderful job designing some original games at our gymkhana this year, and the afternoon with Risby event was a sell out enjoyed by many, with lots of fun and laughs. Thank you Nikki Faulkner for all that you have done behind the scenes for the club.

All in all, it was a good night and we ended with some great lucky door prizes (thank you Ted for those winning tickets!).

See you at the next rally!



MEMBERSHIP

Annual Membership subscriptions are payable on 1 September.

Please renew your membership via the website prior to 31 October, 2025 to retain member privileges.

PLAY DAYS

NARC hold Play Days for current members at Westbury. The focus will be obstacles and desensitization. Dates are announced via the NARC Facebook page and will include midweek and weekends.

This is planned as a fun and relaxed outing for members to bring horses of any skill level. Young or even retired horses are welcome. Ridden or unriden, it is an outing to spend in the company of your equine and club friends.

Only one horse per person.

There is no formal instructor, rather two club committee members will be present to brief the attendees. The first hour will not be under saddle and the second hour is optional to be ridden.

Cost is \$10 for two hours usually 10am to 12pm. Please book and pay via the NARC website to ensure the day goes ahead.

Please be there by 9.30 to help set up equipment and help to dismantle is required.

Bring a packed lunch to enjoy after the activities. Check the club Facebook page by 8.00am on the day for cancellation notice if the weather looks questionable. Approved safety helmet and appropriate riding boots need to be worn.

Enquiries to Anna Hayward 0417 010 546



WORKING WITH VULNERABLE PEOPLE REGISTRATION

The Tasmanian Government has announced it will be removing the cost of registering for a Working with Vulnerable People (WWVP) card.

This is a big win for sporting and community clubs across the state and follows a joint advocacy letter submitted earlier this month by Clubs Tasmania and Volunteering Tasmania, urging the government to scrap the \$22.44 volunteer registration fee.

This fee had become an unnecessary barrier to volunteering in a time of rising living costs and increasing regulation. Many other states do not charge volunteers a fee for an equivalent registration, while Tasmania's fee is also the highest.

This follows reports from clubs all over the state, from small football teams, bowls clubs and netball committees, about how this cost was deterring volunteers or stretching already limited club budgets. By raising this issue with Volunteering Tasmania and co-signing the call for action, ETas helped drive the momentum that led to this change.

While initially a two-year pilot, ETas hopes it will become permanent in future years.

NAN CATMUR

Obstacle Instruction, Building Partnerships and Confidence Lessons at Nan's Riding School, Longford

*Private one on one lessons, or Group lessons available (Max 4 people)

These Lessons will help riders prepare their horses for success in Obstacle Work. In these sessions we will break down the basics required for manoeuvring your horse efficiently through a course of diverse obstacle challenges. We will be covering turning movements, effective desensitising strategies, timing and approach and retreat strategies for building confidence and a strong partnership with your horse. We will make sure you and your horse are on the same page.

For Private Bookings Contact Nan on 0428 578 779 or email: nansridingschool@gmail.com

CONCUSSION POLICY

In line with Equestrian Australia recommendations, at all NARC events the Concussion Recognition Tool 5 ® will be used to screen all individuals who have potentially sustained a concussion.

It is NARC policy that following any fall at a NARC event is managed in accordance with the Equestrian Australia concussion guidelines and Incident Reporting. You will be asked to acknowledge and adhere to these guidelines when you book for an event.

If concussion is suspected, then the rider must not remount their horse or drive home. Their emergency contact will be contacted by the club to ensure their safety.

Further details are available on the Equestrian Australia website www.equestrian.org.au.

HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so.

If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye

Meander Valley Feed Barn (Ray & Laura Becker) are proud to sponsor Northern Adult Riding Club. With every purchase of feed (horse, dog, poultry) instore by NARC members and friends, Meander Valley Feed Barn will contribute 3% of the cost to NARC. At the time of purchase, please advise you are a NARC member or friend so the club can benefit. The more people who take advantage of this, the more sponsorship support is passed on to NARC.

Come and see the friendly helpful staff at **44 William Street, Westbury.**

Phone **0447 790 363**

Monday to Friday 9.00am – 5.00pm

Saturday 9.00am – 12 noon



SPRING SPECIALS

Until 20 September, 2025

Studgro & Copra Meal
1 bag of each
\$56.00

Or

Studgro & Lucerne/Mixed chaff
1 bag of each
\$65.00