

April 2022

NARC NEWS

NORTHERN ADULT RIDING CLUB

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CALENDAR OF EVENTS

April, 2022

April 24 Combined Training Day – Birralea Pony Club Grounds
(Members Only) **NOTE CHANGE OF VENUE**

April 28 Nan Catmur Clinic

MAY, 2022

May 12 Nan Catmur Clinic

May 26 Nan Catmur Clinic

May 29 Rally at Birralea Pony Club Grounds

JUNE, 2022

June 12 Navigation Ride at “Harveydale”, Birralea
Programs available from 1 May on our Facebook page
and website

June 29 Rally at Illawarra Lodge Indoor, Carrick

**TO PROTECT THE SPREAD OF
WEEDS, PLEASE ENSURE ALL HAY
FED OUTSIDE OF YOUR FLOAT IS
ONLY FED IN HAY BAGS. THIS
APPLIES TO ALL NARC EVENTS**

BOOKING PROCEDURE

Bookings must be made via the website
<http://www.northernadultridingclub.org.au>

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before the rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required). Please have your membership number handy when you go to book.

RALLY REPORT

March Rally

A small but select group of riders had enormous fun with Melissa Jones at the March Rally at Westbury. Another of Melissa's famous Pole Grids was up first with riders surprised at how many different ways a simple layout could be ridden. Poles are a great exercise to occupy the minds of both horse and rider along with the gymnastic benefits. Riders then moved on to a course that presented simple but challenging hand eye coordination obstacles. The afternoon session was a jumping lesson over little jumps. Many goals were achieved and smiles all round, a great day was had by all.



MONTHLY RALLIES

April Rally

Birralee Pony Club Grounds, Glengarry

Members Only

Combined Training Competition (Jumping and Dressage).

Dressage training will be provided at the March rally and callers are permitted. Choose either a Walk/Trot test or Walk/Trot/Canter test, these will be available beforehand.

There will be 2 rounds of jumping starting with poles on the ground (10cm)

Games will be available in the afternoon in addition to the Jumping.



May Rally

Birralee Pony Club Grounds, Glengarry

- Flat – Carol Hobson
- Games – TBA
- Settling In – David Quinn

Availability of instructors is subject to change without notice

Morning Session will consist of 2 lessons and a dressage test

- Flat
- Games

Indicate your preferred options through the booking process. Every effort will be made to accommodate to your selection however depending on numbers this may not always be possible.

Afternoon Session

A ridden option is available.

Settling In Class

Our regular settling-in class will be conducted separately to the morning session and participants are welcome to join in the afternoon class as well. Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

At the May Rally there will be a celebration of 30 years since the formation of the Club.
If you know any former members from the early years who would be interested in attending, please get them to contact Sallie Wadley on 0428 974 718

PLAY DAYS

NARC are holding Play Days for current members at the Westbury Club grounds on the corner of Veterans and Suburb Rds. The focus will be obstacles and desensitization. Dates are announced via the NARC Facebook page and will include midweek and weekends.

This is planned as a fun and relaxed outing for members to bring horses of any skill level. Young or even retired horses are welcome. Ridden or unriden, it is an outing to spend in the company of your equine and club friends.



There is no formal instructor, rather two club committee members will be present to brief the attendees. The first hour will not be under saddle and the second hour is optional to be ridden. Cost is \$10 for two hours 10am to 12pm. Please book and pay via the NARC website to ensure the day goes ahead.

Please be there by 9.30 to help set up equipment and help to dismantle is required.

Bring a packed lunch to enjoy after the activities. Check the club Facebook page on the morning of the date for cancellation if the weather looks questionable. Approved safety helmet and appropriate riding boots need to be worn.

Enquiries to Debrah Youd 0408 519 463

NAN CATMUR CLINICS

Offering fun, safe, confidence building sessions on a weekly basis to provide those who have new horses, or a new to riding or getting "back in the Saddle" or just want to go somewhere with their horse. Using obstacles, games, and activities, including ground and ridden. Hosted by Nan Catmur at her Longford property.

Maximum 4 people Suitable for all levels of riders and agility experience.

10am to 12pm

May:..... Thursday 12th, & 26th

Following the May dates the clinics will be in recess until Spring

NARC Members \$35 per day. Non-Members \$50 per day (limit of twice before membership is payable).

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be made via the website www.northernadultridingclub.org.au including payment.

Bookings close on the Tuesday prior to the event. There will be a wait list if a date is fully booked.

HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so.

If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye

TRADERS' TREASURES

Thoroughbred Mare

Bay Thoroughbred bay mare, 6 years old, by Needs Further. Retired from racing June 2019. 15 hands and would make a nice dressage horse. Good to handle but would need an experienced rider. Contact Anne Youl 0418 143 939
