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RALLY

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NEWSLETTER

Norma Cormican
0412 845 375

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Jess Froude

0417 348 868

Amanda Reid

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CALENDAR OF EVENTS

SEPTEMBER, 2018

September 1 Annual Membership Due
See separate attachment or
<http://www.northernadultridingclub.org.au/membership.htm>

OCTOBER, 2018

October 28 Rally – Westbury (see details below)

NOVEMBER, 2018

November 3,4,5 Katrina Mill Horsemanship Clinic – 3 days

November 25 Rally – Birralea (See page 4 below)



DECEMBER, 2018

December 14 End of Year Social Event at the Iron Horse Bar and Grill, Prospect. Family and Friends Welcome – See page 5 below

Bookings Essential via the website.

No Rally in December

Trail ride on the last weekend, details available later.

RALLY BOOKING PROCEDURE

Bookings must be made via the website <http://www.northernadultridingclub.org.au> by the **Tuesday** before the rally. You will receive an email acknowledgement of your booking.

Fees are non-refundable after bookings close.

Membership must be current at time of rally booking or an Event Membership of \$15 is payable. Please have your membership number handy when you go to book.

Each rider generally has the opportunity to participate in each of the lesson sessions during the day. Each lesson will be for 1h 15min, please refer to the rally timetable on the website for start times.

Please make yourself available on time so that all riders can make best use of the time with each instructor.

RALLY REPORT

September Rally

Terri Kewish

The Settling in Class run by Nan Catmur was a huge success with all her group staying for both lessons. The first lesson began from the ground to help both the horses and handlers feel more comfortable, followed with a ridden second lesson and lots of smiles. "Smiling with all cheeks" is a wonderful Nan quote. Many activities were similar to being in a regular lesson group: Waiting, walking away from the group, passing other horses and working in pairs. Nan also included relaxation and breathing techniques which are of benefit to many of us.

Shantel Radford instructed the flat lesson with a focus on using clear signals to help our horses flex around turns. We worked on breathing and rhythm in our riding, and the importance of helping our horses to lift their backs. Shantel has a knack of being able to clearly explain things and encouraged questions and discussion.

Jess Cowan instructed the jumping groups and catered well for the different abilities. We were encouraged to continue using what we learned in our flat class and worked on balance and rhythm.

As many of us found out, we forgot to breathe! Jess was terrific at bringing the riders into the moment, breathing and looking ahead while making the lesson enjoyable.

Riders were full of praise for the instructors and we all thoroughly enjoyed ourselves. It's fantastic to be part of the chatter and to see everyone help each other. This certainly proves our motto of "Friendship through Riding".





UPCOMING RALLIES

October Rally Westbury

- Agility – Katrina Miller, Alysia Harvey and Nan Catmur
Ground work and ridden



FULLY BOOKED

November Rally Birralee

- Flat – Kristin Pitt
- Jumping – Carol Hobson
- Settling In – Shantel Radford

If you require more information on our Settling In class, please contact Norma Cormican Ph: 0412 845 375

December No Rally

NAN CATMUR CLINICS

Agility clinics will be hosted by Nan Catmur at her Longford property. There is a minimum of 3 and maximum of 6 people. Cost is \$30 per person per day.

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be via the website www.northernadultridingclub.org.au including payment

Weekends

Saturday 17 November – 1:00 pm start – All levels of riders

Weekdays:

Wednesday 21 November – 11:00 am start – All levels of riders

TRAIL RIDE

A trail ride is proposed for the last weekend of December. Details are being finalised so watch this space and the bookings calendar on the website.

END OF YEAR FUNCTION

Members and friends are invited to join us for a meal at the Iron Horse Bar and Grill, 468 Westbury Road, Prospect on Friday 14th December.

Drinks at 6.00 for a 6.30 start.

Menu details available later.

Put your creative hats on come along in your best fancy dress. Prizes for the Best Dressed. We have the use of a private room so don't be shy. There will be lots of fun activities as well.

Bookings Essential via the website by Thursday 6 December.

Enquiries to Sallie Wadley 0428 974 718.

**DRESS UP
& PARTY**



FIND US ON THE WEB

NARC has our own website.

Look for the link to our FACEBOOK PAGE.

Membership applications/renewals and the current newsletter are also available for download on the website.

So check it out at www.northernadultridingclub.org.au

TRADERS' TREASURES

Dressage Saddle

Otto Schumacher Profi Exklusive Dressage Saddle 17.5 inch. Quality German Craftmanship, Black 17 1/2 inch. Set up currently medium-wide but is fully adjustable by saddler with heat press. Usual wear marks. Good condition, girth points in great condition. Really lovely saddle to ride in with a wide seat. Surplus to current needs. Unmounted \$900
Contact Norma Cormican 0412 845 375

Saddles

Hubertus Dressage Saddle 16 inch, good condition. Unmounted \$150
Denis Jackson Stock Saddle, Excellent condition. Mounted \$1,200
Contact Sallie Wadley 0428 974 718