

**June 2022**

# NARC NEWS

NORTHERN ADULT RIDING CLUB

## **PRESIDENT**

Diane Colebrook  
0490 538 412

## **VICE PRESIDENT**

Jenny Harvey  
0407 514 611

## **TREASURER**

Sallie Wadley  
0428 974 718

## **SECRETARY**

Norma Cormican  
0412 845 375

## **NEWSLETTER**

Norma Cormican  
0412 845 375

## **PATRON**

Beryl Murray  
0488 037 387

## **COMMITTEE**

Peta Dolan  
0419 930 078

Dana Medhurst  
0437 958 941

Jess Emery  
0400 501 387

Berris Atkins  
0400 810 529

Anna Hayward  
0417 010 546

Anne Robarts  
0438 262 897

Debrah Youd  
0408 519 463

Hannah Barker  
0402 881 319

Donna Mitchell  
0427 135 800

## **CALENDAR OF EVENTS**

### ***JUNE, 2022***

**June 25** Trivia Night at Westbury RSL

**June 26** Rally at Illawarra Lodge Indoor, Carrick

### ***JULY, 2022***

**July 3** Navigation Ride at "Harveydale", Birrale  
**Programs available on our Facebook page and website**  
**Bookings close Sunday 26 June, 2022**

**July 31** Rally at Illawarra Lodge Indoor, Carrick

### ***AUGUST, 2022***

**August 14** Private Lessons at Violet Banks Indoor Arena

**August 28** Rally at Illawarra Lodge Indoor, Carrick

**TO PROTECT THE SPREAD OF  
WEEDS, PLEASE ENSURE ALL HAY  
FED OUTSIDE OF YOUR FLOAT IS  
ONLY FED IN HAY BAGS. THIS  
APPLIES TO ALL NARC EVENTS**

## **BOOKING PROCEDURE**

Bookings must be made via the website  
<http://www.northernadultridingclub.org.au>

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before the rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required). Please have your membership number handy when you go to book.

## RALLY REPORT

*Birralee Pony Club Grounds*

*May Rally*

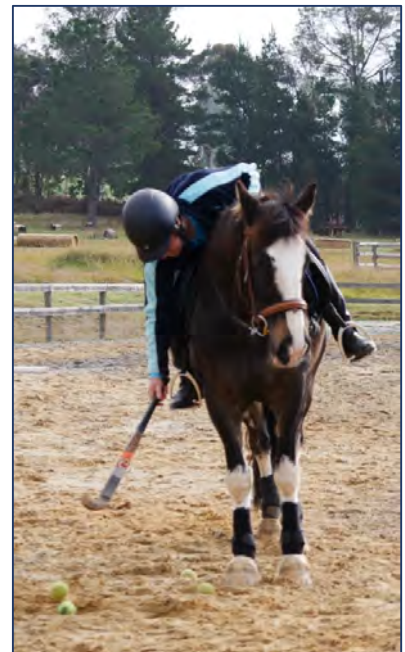
Past and present members gathered at the May Rally to celebrate 30 years of the club. Carol Hobson and Marissa Hall presented some interesting games and obstacles to keep riders busy. Di Colebrook was on hand to help the Settling In class who were pleased with their achievements for the morning.

Meanwhile Sallie Wadley was preparing a delicious BBQ lunch which was enjoyed in glorious sunshine. After lunch Sallie presented a potted history of the club which proved interesting for both old and new members alike. A display of photos through the years was on display.

In honour of his dedication to the club as a volunteer over many years, an Honorary Life Membership was awarded to Ted Binns. Ted is an integral helper for the club often working behind the scenes making it easier for us all. He's a welcome sight at our annual camp and Nav Ride with his trusty fire pot. Many members would know Ted as the Clue Collector at the Nav Ride, a role he has played for many years.









## MONTHLY RALLIES

### June Rally

Illawarra Lodge Indoor Arena, Carrick

**PLEASE NOTE CHANGE TO USUAL OUTDOOR FORMAT**

Due to space constraints at the indoor

There will be a 2 hour session for one group of 7 riders in the morning and a different group in the afternoon.

Kristin Pitt will take riders through various topics including ground work, ridden and jumping.

There is NO Settling in Class at this rally.

#### Morning Session

Commencing at 10.00am

This group is for riders comfortable at Walk and Trot (no canter)

#### Afternoon Session

Commencing at 12.30pm

This group is for riders comfortable at Walk, Trot and Canter

\*\*\*\* Please show care and consideration in the Car Park as the 2 groups change over.

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### July Rally

Illawarra Lodge Indoor Arena, Carrick

**PLEASE NOTE CHANGE TO USUAL OUTDOOR FORMAT**

Due to space constraints at the indoor

There will be a 2 hour session for one group of 7 riders in the morning and a different group in the afternoon.

Carol Hobson will take riders through various topics including ground work, ridden and jumping.

There is NO Settling in Class at this rally.

#### Morning Session

Commencing at 10.00am

This group is for riders comfortable at Walk and Trot (no canter)

#### Afternoon Session

Commencing at 12.30pm

This group is for riders comfortable at Walk, Trot and Canter

\*\*\*\* Please show care and consideration in the Car Park as the 2 groups change over.

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## PRIVATE LESSONS CLINIC

'Violet Banks'

Sunday August 14

NARC will again present individual (or shared between 2 riders) lessons at Violet Banks Indoor arena 3570 Meander Valley Road, Westbury commencing on August 14 followed by September and October.

A blue starburst graphic with a black outline. Inside the starburst, the words "PRIVATE LESSONS" are written in bold, black, uppercase letters.

**PRIVATE  
LESSONS**

Your instructor David Quinn will tailor each lesson to the rider's needs. Here is a rare chance to have some one-on-one time with your instructor at a reasonable cost. And out of the weather too.

To be fair to other riders and yourself, please ensure you are ready to ride at your nominated time. Lessons will commence promptly at the designated times. So as not to disrupt the rider before you, please do not enter the arena more than 10 minutes before your start time.

If you wish to have a shared lesson, please arrange the other rider before placing your booking.

Violet Bank Notes:

- Violet Banks does not permit horses to be left *unattended* whilst tied up to floats. You are welcome to have your horse tied to the float **only** whilst being *tacked up*. Do not allow your horse to scratch holes.
- Spacious yards are available at a cost of \$5 payable on the day
- A waiver must be signed by all riders on the day
- Please clean up all hay and manure before leaving

Cost is \$60 for an Individual Lesson or \$45 each for a Shared Lesson.

Lesson times commence at 8.30am, 9.30 am, 10.30 am, 11.30 am, 1.00 pm, 2.00 pm and 3.00 pm.

***Bookings should be made through the NARC website.***

Please contact Norma Cormican Ph: 0412 845 375 if you have any questions.

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## PLAY DAYS

NARC are holding Play Days for current members at Westbury. The focus will be obstacles and desensitization. Dates are announced via the NARC Facebook page and will include midweek and weekends.

This is planned as a fun and relaxed outing for members to bring horses of any skill level. Young or even retired horses are welcome. Ridden or unriden, it is an outing to spend in the company of your equine and club friends.

There is no formal instructor, rather two club committee members will be present to brief the attendees. The first hour will not be under saddle and the second hour is optional to be ridden.

Cost is \$10 for two hours 10am to 12pm. Please book and pay via the NARC website to ensure the day goes ahead.

Please be there by 9.30 to help set up equipment and help to dismantle is required.

Bring a packed lunch to enjoy after the activities. Check the club Facebook page on the morning of the date for cancellation if the weather looks questionable. Approved safety helmet and appropriate riding boots need to be worn.

Enquiries to Debrah Youd 0408 519 463







**VALMONT**  
FARMS

WHITEMORE, TASMANIA

Looking for somewhere to ride through the winter months?

Valmont Farms is situated at 90 Adelphi Road Whitemore with a fully fenced 70m x 40m sand arena.

NARC members always enjoy the rallies held at Valmont each year.

India Woods offers private or shared lessons to focus on whatever you need help with the most. Beginners to advanced in most disciplines can achieve great results by improving relaxation, balance and strength through lessons.

The arena can be hired on an hourly basis and there is also the Mountain Trail Course.

Check out their website and Facebook page for more information.

[www.valmontfarms.com.au](http://www.valmontfarms.com.au)

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## HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so.

If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye

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## TRADERS' TREASURES

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### ***Thoroughbred Mare***

Bay Thoroughbred bay mare, 6 years old, by Needs Further. Retired from racing June 2019. 15 hands and would make a nice dressage horse. Good to handle but would need an experienced rider. Contact Anne Youl 0418 143 939

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