

February 2023

NARC NEWS

NORTHERN ADULT RIDING CLUB

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CALENDAR OF EVENTS

FEBRUARY, 2023

February 23 Nan Catmur Clinic

February 25-26. Camp – Harveydale (Members Only)

MARCH, 2023

March 12 Nan Catmur Clinic

March 19 Nan Catmur Clinic

March 26 Rally – Edinburgh Park, Gravelly Beach

APRIL, 2023

April 23 Trail Ride – Members Only – Venue TBA

April 30 Gymkhana – Members Only

MAY, 2023

May 28 Rally

JUNE, 2023

June 11 Navigation Ride at “Harveydale”, Birralee
Programs available from 1 May on our Facebook page
and website

TO PROTECT THE SPREAD OF
WEEDS, PLEASE ENSURE ALL HAY
FED OUTSIDE OF YOUR FLOAT IS
ONLY FED IN HAY BAGS. THIS
APPLIES TO ALL NARC EVENTS

BOOKING PROCEDURE

Bookings must be made via the website
<http://www.northernadultridingclub.org.au>

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before the rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required). Not available to previous members.

Please have your membership number handy when you go to book.



MONTHLY RALLIES

February Rally

Harveydale Camp - Members Only

Our Sunday rally in February at Harveydale includes the option to ride on Saturday afternoon and camp Saturday night. A fun activity is planned for Saturday afternoon and you can free ride in the area surrounding the camp as well.

This is a Members only event, however new memberships will be accepted up until bookings close.

The rally on Sunday can be booked separately for those not wanting to camp.

Sunday morning we have Merindah Thompson with her Working Equitation obstacles along with a formal Trail Ride in adjoining paddocks for an hour. The afternoon will see our annual Harveydale Challenge which is fun for all abilities including ridden and non-ridden activities.

Settling In Class

Our regular settling-in class will be conducted separately to the morning session and participants are welcome to join in the afternoon class as well. Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

Definitely NO DOGS (as per Harveydale conditions of hire).

Contact Norma Cormican with any enquiries Ph: 0412 845 375

March Rally

Edinburgh Park, Gravelly Beach

We plan to make use of the Cross-Country area in a way that will cater for those who like to jump and those that don't. It is a beautiful bush setting to ride in with obstacles that can be walked over and through, along with some serious jumps.

PLEASE NOTE: In line with the EA ruling, riders using the cross-country course (including walking over them) are required to wear an EA Approved Safety Vest. For more information click here [Important Update to Body Protector Standards. | Equestrian Australia](#)

The flat lessons will be on the sand arena.

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April Rally

Westbury Show Grounds (corner of Lyttleton and Marriott Streets)

Members Only Gymkhana

Get your glad rags out and polish up your ponies for our biennial Gymkhana. There is something for everyone on a low key competition day. Plaiting is optional. A program of event will be published closer to the time.

PLAY DAYS

NARC are holding Play Days for current members at Westbury. The focus will be obstacles and desensitization. Dates are announced via the NARC Facebook page and will include midweek and weekends.

This is planned as a fun and relaxed outing for members to bring horses of any skill level. Young or even retired horses are welcome. Ridden or unriden, it is an outing to spend in the company of your equine and club friends.

There is no formal instructor, rather two club committee members will be present to brief the attendees. The first hour will not be under saddle and the second hour is optional to be ridden.

Cost is \$10 for two hours 10am to 12pm. Please book and pay via the NARC website to ensure the day goes ahead.

Please be there by 9.30 to help set up equipment and help to dismantle is required.

Bring a packed lunch to enjoy after the activities. Check the club Facebook page on the morning of the date for cancellation if the weather looks questionable. Approved safety helmet and appropriate riding boots need to be worn.

Enquiries to Debrah Youd 0408 519 463



NAN CATMUR CLINICS

Obstacle Instruction, Building Partnerships and Confidence Clinics at Nan's Riding School, Longford

These clinics will help riders prepare their horses for success in Obstacle Work. In these sessions we will break down the basics required for manoeuvring your horse efficiently through a course of diverse obstacle challenges. We will be covering turning movements, effective desensitising strategies, timing and approach and retreat strategies for building confidence and a strong partnership with your horse. We will make sure you and your horse are on the same page.

Are your cues clear? Does your horse understand the cues? Are you as a rider/handler feeling comfortable working with your horse?

If participants are feeling able at the end, we will attempt the competition course of 8-10 obstacles, to consolidate what we've learned.

Maximum 4 people Suitable for all levels of riders and experience.

1.30 pm to 3.30 pm

March: Sunday 12th

March: Sunday 19th - *Ridden and Non Ridden*

NARC Members \$35 per day. Non-Members \$50 per day (limit of twice before membership is payable).

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be made via the website www.northernadultridingclub.org.au including payment.

Bookings close on the Tuesday prior to the event. There will be a wait list if a date is fully booked.

If these dates don't suit, or you would like a follow up session, you can call Nan on 0428 578 779 and arrange a private lesson at a more suitable time

HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so.

If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye