February 2022

NARC NEWS

NORTHERN ADULT RIDING CLUB

CALENDAR OF EVENTS

FEBRUARY, 2022

February 24 Nan Catmur Clinic February 26-27 Camp – Harveydale (Members Only) MARCH, 2022 March 10 Nan Catmur Clinic March 17 Nan Catmur Clinic March 24 Nan Catmur Clinic March 27 **Rally – Westbury Club Grounds** March 31 Nan Catmur Clinic April, 2022 April 24 **Combined Training Day – Westbury Club Grounds** (Members Only) MAY, 2022 May 29 **Rally at Westbury** JUNE, 2022 June 12

Navigation Ride at "Harveydale", Birralee Programs available from 1 May on our Facebook page and website

> TO PROTECT THE SPREAD OF WEEDS, PLEASE ENSURE ALL HAY FED OUTSIDE OF YOUR FLOAT IS ONLY FED IN HAY BAGS. THIS APPLIES TO ALL NARC EVENTS

BOOKING PROCEDURE

Bookings must be made via the website http://www.northernadultridingclub.org.au

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before the rally. Most other events on the Tuesday before. Fees are non-refundable after bookings close. Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required). Please have your membership number handy when you go to book.

PRESIDENT Diane Colebrook 0490 538 412

VICE PRESIDENT Jenny Harvey 0407 514 611

TREASURER Sallie Wadley 0428 974 718

SECRETARY Norma Cormican 0412 845 375

NEWSLETTER Norma Cormican 0412 845 375

PATRON Beryl Murray 0488 037 387

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Dana Medhurst 0437 958 941

Jess Emery 0400 501 387

Lel Rainbird 0427 378 883

Berris Atkins 0400 810 529

Anna Hayward 0417 010 546

Anne Robarts 0438 262 897

Debrah Youd 0408 519 463

Hannah Barker 0402 881 319 Donna Mitchell

0427 135 800

RALLY REPORT

January Rally

A fun day was had by all that attended the first rally for the year at Westbury.

Work on flat riding in the dressage arena with Kristin Pitt was enjoyed by riders of all levels. This included a few poles and cones to keep everyone on their toes.

David Quinn had his eager pupils in the settling in class working on the confidence of both horse and rider.

Gaylene Padman and daughter Amanda presented a course of interesting but challenging obstacles for us. After the morning of exposing the horses to the new obstacles, after lunch riders put their skills to the test by riding the course under competition conditions. Many laughs were had by all who participated as well as the spectators.





MONTHLY RALLIES

February Rally Harveydale Camp - Members Only



Our February rally is at Harveydale including the option to ride on Saturday afternoon and camp Saturday night. A Stockhorse Challenge is planned for Saturday afternoon and you can free ride in the area surrounding the camp as well.

This is a Members only event, however new memberships will be accepted up until bookings close.

As this is a popular event, if all places are filled, please email <u>bookings@northernadultridingclub.org.au</u> to go on the waiting list. We will try to fit everyone in if possible.

Sunday can be booked separately for those not wanting to camp.

Sunday morning we have Merindah Thompson with her Working Equitation obstacles along with a formal Trail Ride in adjoining paddocks for an hour. The afternoon will see our annual Harveydale Challenge which is fun for all abilities including ridden and non-ridden activities.

Definitely NO DOGS (as per Harveydale conditions of hire).

Contact Norma Cormican with any enquiries Ph: 0412 845 375

March Rally

Westbury Club Grounds

- Flat TBA
- Poles and Grid Melissa Jones
- Settling In David Quinn
- Riding a Dressage Test with Help in preparation for our Combined Training competition in April. We will have a Dressage Judge on hand to help you ride your best test and critique your efforts. Choose either a Walk/Trot test or Walk/Trot/Canter test, these will be available beforehand.

Availability of instructors is subject to change without notice

Morning Session will consist of 2 lessons and a dressage test

- Flat
- Poles and Grid
- Ride a Dressage Test

Indicate your preferred options through the booking process. Every effort will be made to accommodate to your selection however depending on numbers this may not always be possible.

Afternoon Session

A ridden option is available.

Settling In Class

Our regular settling-in class will be conducted separately to the morning session and participants are welcome to join in the afternoon class as well. Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson. If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

April Rally Westbury Club Grounds

Members Only

Combined Training Competition (Jumping and Dressage).

Dressage training will be provided at the March rally and callers are permitted. Choose either a Walk/Trot test or Walk/Trot/Canter test, these will be available beforehand.

There will be 2 rounds of jumping starting with poles on the ground (10cm)

PLAY DAYS

NARC are holding Play Days for current members at the Westbury Club grounds on the corner of Veterans and Suburb Rds. The focus will be obstacles and desensitization. Dates are announced via the NARC Facebook page and will include midweek and weekends.

This is planned as a fun and relaxed outing for members to bring horses of any skill level. Young or even retired horses are welcome. Ridden or unridden, it is an outing to spend in the company of your equine and club friends.



There is no formal instructor, rather two club committee members will be present to brief the attendees. The first hour will not be under saddle and the second hour is optional to be ridden. Cost is \$10 for two hours 10am to 12pm. Please book and pay via the NARC website to ensure the day goes ahead.

Please be there by 9.30 to help set up equipment and help to dismantle is required.

Bring a packed lunch to enjoy after the activities. Check the club Facebook page on the morning of the date for cancellation if the weather looks questionable. Approved safety helmet and appropriate riding boots need to be worn.

Enquiries to Debrah Youd 0408 519 463

NAN CATMUR CLINICS

Offering fun, safe, confidence building sessions on a weekly basis to provide those who have new horses, or a new to riding or getting "back in the Saddle" or just want to go somewhere with their horse. Using obstacles, games, and activities, including ground and ridden. Hosted by Nan Catmur at her Longford property.

Maximum 4 people Suitable for all levels of riders and agility experience.

10am to 12pm

February:.. Thursday - 24th March: Thursday - 10th, 17th, 24th, & 31st April: Thursday - 7th, 14th, 21st, & 28th

NARC Members \$35 per day. Non-Members \$50 per day (limit of twice before membership is payable).

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be made via the website <u>www.northernadultridingclub.org.au</u> including payment.

Bookings close on the Tuesday prior to the event. There will be a wait list if a date is fully booked.

HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- o New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- o Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so. If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye