

March 2020

NARC NEWS

NORTHERN ADULT RIDING CLUB

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CALENDAR OF EVENTS

MARCH, 2020

March 29 Rally at Edith Park, Gravelly Beach

APRIL, 2020

April 26 Gymkhana Westbury – Members Only

MAY, 2020

May 31 Rally at Mount Farms, Whitemore

**All Events
Cancelled
Until Further
Notice**

**TO PROTECT THE SPREAD
OF WEEDS, PLEASE
ENSURE HAY IS ONLY FED
IN HAY BAGS OUTSIDE OF
YOUR FLOAT. THIS APPLIES
TO ALL NARC EVENTS**

BOOKING PROCEDURE

Bookings must be made via the website

<http://www.northernadultridingclub.org.au>

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before for rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required) Please have your membership number handy when you go to book.

February Rally Harveydale

Our February Rally at Harveydale proved to be a great weekend. With 14 riders attending on the Sunday and some of those camping the night before. Those that camped made use of the surrounding area to have a quiet ride on Saturday afternoon. The weather was pleasant and the campers gathered around the fire pot (thanks Ted) in the evening to tell tall tales and true.

On Sunday morning Kristin Pitt took the flat lesson while the other group had their turn with Merindah Thomson using the Working Equitation obstacles. With Working Equitation the aim is to perform each obstacle with precision and several of the riders found that it was the simplest tasks (like asking your horse to stand still) that were the hardest to achieve.

After lunch we had our annual "Harveydale Challenge". Thanks to Anthea Hayes and Lel Rainbird for helping to set up and run this fun activity. In the end there wasn't much between the scores of the 2 teams and everyone got a prize !!

It was a fun day and hopefully we get weather like that again next year.









The Winning Team

TRAIL RIDE

Sunday March 15

John Donaldson and Anna Hayward led a leisurely trail ride in the Cluan Tiers returning to the floats for lunch. Thanks to Steve and Berris Atkins for the use of their property.



HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so. If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye

EQUESTRIAN AUSTRALIA CONCUSSION PROTOCOLS

Implementation for all Disciplines from 1 July 2019 – Reference Equestrian Australia Website

There is a growing concern in Australia and internationally about incidence of sport-related concussion & potential health ramifications for athletes at all levels of sport.

Equestrian Australia fully endorses the Concussion in Sport Australia Position Statement, which can be located at https://www.sportaus.gov.au/ais/position_statements#concussion

Consistent with its support for the Concussion in Sport Australia Position Statement, Equestrian Australia will introduce a similar protocol for all equestrian disciplines effective July 1 2019.

To assist with the introduction of these protocols, Equestrian Australia is undertaking education and communication programs for all stakeholders including athletes, officials, coaches, parents and guardians.

As a part of this, we wish to provide all athletes/parents, coaches and officials access to the PDF version of a presentation which may be seen presented at future events, highlighting:

- the key points of the protocols,
- the OC & Officials' role in implementing the protocol,
- how to recognise concussion and
- the importance of possible concussion received in training being just as serious as concussion received in competition.

The PDF documents are available at www.equestrian.org.au

TRADERS' TREASURES

Collegiate Bridle

Full size. Brown leather with deep V decorative browband. Used only once, as new condition. \$90 ono

Contact Sallie Wadley 0428 974 718

Saddle

As new Windsor Dressage Saddle 17 ½ inch. Fits horse with broad withers. \$2,200

Contact Beryl Murray 0488 037 387

Western Halter and Breastplate

\$100 each

Contact Beryl Murray 0488 037 387

Saddle

Trainers Brown Leather "Cross Country" 17 ½ inch. Wide gullet (not changeable) can be adjusted by saddler. Mounted. Excellent Condition \$900

Contact Norma Cormican 0412 845 375