

PRESIDENT

Terri Kewish
0417 362 414

VICE PRESIDENT

Jenny Harvey
0407 514 611

BOOKINGS

Anna Hayward
0417 010 546

TREASURER

Sallie Wadley
0428 974 718

SECRETARY

Norma Cormican
0412 845 375

NEWSLETTER

Norma Cormican
0412 845 375

COMMITTEE

Peta Dolan
0419 930 078

Dana Medhurst
0437 958 941

Jess Emery
0400 501 387

Diane Colebrook
0490 538 412

Beryl Murray
0488 037 387

Simone Gill
0428 815 318

Karen Bye
0400 175 550

Danya Stevens
0447 773 254

Lel Rainbird
0427 378 883

CALENDAR OF EVENTS

SEPTEMBER, 2019

September 1 Annual Membership Due, renewal via the website

September 29 Rally at Westbury - See page 5

OCTOBER, 2019

October 17 Agility Clinic – Nan Catmur - See page 6

October 19 Agility Clinic – Nan Catmur - See page 6

October 27 Rally at Birralee - See page 5

NOVEMBER, 2019

November 24 Rally at Westbury

TO PROTECT THE SPREAD
OF WEEDS, PLEASE
ENSURE HAY IS ONLY FED
IN HAY BAGS OUTSIDE OF
YOUR FLOAT. THIS APPLIES
TO ALL NARC EVENTS

BOOKING PROCEDURE

Bookings must be made via the website
<http://www.northernadultridingclub.org.au>

You will receive an email acknowledgement of your booking.

Rally bookings close on the Tuesday before for rally. Most other events on the Tuesday before.

Fees are non-refundable after bookings close.

Membership must be current at time of booking or an Event Membership of \$15 is payable (limit of twice before membership is required) Please have your membership number handy when you go to book.

RALLY REPORT

August Rally

Gaylene Padman and Kelsey

As a past riding and committee member, it was a pleasure to be invited back to give a presentation on saddle fitting. The lovely covered arena at Illawarra Lodge offered us plenty of space for the flat class to run simultaneously with the agility class.

Luckily for me, I had the added bonus of attending Nan Catmur's agility class while I was there. Kelsey and I enjoy extreme cowboy events and competitions, and Nan's agility obstacles and instruction were a perfect complement helping to establish more finesse and technique to the tasks we ask of the horse. All horses in the group came away from the class calmer than they arrived and were happy to have a play with the toys without too much snorting.

After lunch the sun tried to shine on us! and a group of riders and myself had a look at their individual horse and saddle combinations. We saw some beautiful expensive saddles that fit the rider, but not the horse. Saddles that fit the horse but put the rider in an incorrect position. Low cost saddles that fit the horse and rider for now, but horse was recovering from an injury and saddle may not fit again in 6 months. We had an eclectic collection of backs to look at and that made for a very interesting and complex learning environment.

Thank you again for your interest, and hope to be invited back again one day. Happy trails!







September Rally

Westbury

- Flat – Diane Colebrook
- Jumping – Judy Kilby
- Agility – Tayah Scott
- Settling In – Jan Biggar
- Non-Ridden – Preparation and presentation for the show ring with successful competitor Lydia Davis

Morning Session will consist of 2 lessons with a choice from 3 options.

- Flat
- Jumping
- Agility

Indicate your preferred options through the booking process. Every effort will be made to accommodate to your selection however depending on numbers this may not always be possible.

Settling In Class

Our regular settling-in class will be conducted separately to the morning session and participants are welcome to join in either of the afternoon classes as well. Suitable for horses and/or riders not ready to join a larger group or may want to do in hand work before riding later in the lesson.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

Afternoon Session

A non-ridden class will be offered in the afternoon. Members are welcome to attend this even if they are not riding. Please let Di Colebrook know on 0490 538 412.

In addition there will be a ridden class option. The type of class will be dependent on choices made when bookings are finalised.

REMINDER

To comply with the club's Insurance with Equestrian Australia riders must wear an approved helmet with the chin strap fastened at all times. Please see notice below for details. **Random inspections will be made at rallies in the coming months.** Please have the correct helmet for your own protection.

**SETTLING IN
CLASS
RECOMMENDATIONS
AT THIS RALLY**

**Come to the
Afternoon
Presentation
even if you're not
riding**

October Rally

Birralee Pony Club Grounds

- Flat – Instructor TBA
- Jumping – Instructor TBA
- Agility – Instructor TBA
- Settling In – Instructor TBA
- Non-Ridden – TBA



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- Flat
- Jumping
- Agility

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NAN CATMUR CLINICS

Agility clinics to be hosted by Nan Catmur at her Longford property.

NARC Members \$35 per day.

Non-Members \$50 per day (limit of twice before membership is payable).

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be made via the website www.northernadultridingclub.org.au including payment.

Bookings close on the Tuesday prior to the event. There will be a wait list if a date is fully booked.

Maximum 6 people

Suitable for all levels of riders and agility experience.

Thursday 17 September –11.00 am to 2:00 pm

Saturday 19 September – 12:30 pm to 3:30 pm

ANNUAL GENERAL MEETING AND DINNER

Our AGM and Annual Dinner was held at Entally Lodge at Hadspen with 19 members and friends attending. We had exclusive use of the Retro Bar and enjoyed a delicious 3 course meal in luxurious surrounds.

The AGM which saw Terri Kewish re-elected President with Jenny Harvey Vice-President. We welcomed Simone Gill, Karen Bye, Lel Rainbird and Danya Stevens on to the committee for the first time.

The recipient of this year's Bruce Murray Memorial Award was Anna Hayward. This award is presented in memory of the late Bruce Murray (Beryl's husband) who was always a great supporter of our Club and he and Beryl have allowed us the use of their property for our club grounds. The award is presented each year to a person who



deserves recognition either for their riding achievements or contribution to the club.

This year's very deserving recipient was Anna Hayward. Prior to the launch of our website this year, Anna held the role of Rally Bookings which was a very demanding position. Anna is a great contributor as a committee member for the club and is always coming up with new ideas. Congratulations Anna.

CEO of the Royal Flying Doctors Service in Tasmania, John Kirwan attended the evening as guest speaker. John has a lifetime of experience in the health systems and is passionate about the services the RFDS provide. John presented an informative presentation that opened our eyes to the extensive services of the RFDS. The club presented John with a donation of \$200 towards continuing those services in Tasmania.





HELMET STANDARDS

At all NARC events, protective headgear must conform with one of the currently approved safety standards to comply with Equestrian Australia regulations.

- Current Australian standard AS/NZS 3838 (2006 onwards) provided they are SAI Global marked.
- New Australian standard ARB HS 2012 provided they are SAI Global marked
- Current American standard ASTM F1163 (2004a or 04a onwards) provided they are SEI marked
- Current American standard SNELL E2001
- Current British standard PAS 015 (1998 or 2011) provided they are BSI Kitemarked
- Interim European Standard VG1 (01.040: 2014-12) with or without BSI Kitemark

Helmet Manufacturers generally recommend replacing your helmet every 5 years or so.

If you have a hard-blow impact accident while wearing your helmet, it is recommended to immediately replace it for a new model. There may be damage to the helmet that is not visible to the naked eye

EQUESTRIAN AUSTRALIA CONCUSSION PROTOCOLS

Implementation for all Disciplines from 1 July 2019 – Reference Equestrian Australia Website

There is a growing concern in Australia and internationally about incidence of sport-related concussion & potential health ramifications for athletes at all levels of sport.

Equestrian Australia fully endorses the Concussion in Sport Australia Position Statement, which can be located at https://www.sportaus.gov.au/ais/position_statements#concussion

Consistent with its support for the Concussion in Sport Australia Position Statement, Equestrian Australia will introduce a similar protocol for all equestrian disciplines effective July 1 2019.

To assist with the introduction of these protocols, Equestrian Australia is undertaking education and communication programs for all stakeholders including athletes, officials, coaches, parents and guardians.

As a part of this, we wish to provide all athletes/parents, coaches and officials access to the PDF version of a presentation which may be seen presented at future events, highlighting:

- the key points of the protocols,
- the OC & Officials' role in implementing the protocol,
- how to recognise concussion and

- the importance of possible concussion received in training being just as serious as concussion received in competition.

The PDF documents are available at www.equestrian.org.au

TRADERS' TREASURES

Collegiate Bridle

Full size. Brown leather with deep V decorative browband. Used only once, as new condition.
\$90 ono
Contact Sallie Wadley 0428 974 718

Pony Cart and Harness

Has been used on Shetland Pony \$500ono for both
Contact Judith Butler 0427 612 673

Saddle

As new Windsor Dressage Saddle 17 ½ inch. Fits horse with broad withers. \$2,200
Contact Beryl Murray 0488 037 387

Western Halter and Breastplate

\$100 each
Contact Beryl Murray 0488 037 387