

November 2018

NARC NEWS

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CALENDAR OF EVENTS

**ALL BOOKINGS
VIA THE WEBSITE**

DECEMBER, 2018

- December 5** Nan Catmur Clinic – See page 7 below
- December 9** Nan Catmur Clinic – See page 7 below
- December 14** End of Year Social Event – See page 8 below
- December 30** Trail Ride – See page 8 below

No Rally in December

- December 30** Trail Ride at Junction Farm - See page 8 below

JANUARY, 2019

- January 5** Agility Practice Day – See page 7 below
- January 12-14** Katrina Miller 3 Day Clinic – See Page 7 below
- January 19** Fun With Obstacles Mini Competition – See page 7 below
- January 20** Fun With Obstacles Mini Competition – See page 7 below
- January 27** Rally – Westbury - See page 6 below

FEBRUARY, 2019

- February 23-24** 2 day Camp at Harveydale (Details available soon)

RALLY BOOKING PROCEDURE

Bookings must be made via the website <http://www.northernadultridingclub.org.au> by the **Tuesday** before the rally. You will receive an email acknowledgement of your booking.

Fees are non-refundable after bookings close.

Membership must be current at time of rally booking or an Event Membership of \$15 is payable. Please have your membership number handy when you go to book.

Briefing at 10.00am. Please make yourself available on time so that all riders can make best use of the time with each instructor.

RALLY REPORT

October Rally

Louise Moylan

Our long-awaited agility rally finally arrived! With great turnout of 24 horses and riders, it made for a fun-filled day at our Westbury grounds. We hosted three instructors: Katrina Miller, Alysha Verway and Nan Catmur. Each instructor used different techniques to help horse and rider focus on forwardness, engagement with each obstacle and relaxation of the horse's body and mind. The ultimate goal was to ask each horse to "choose" to be on each obstacle.

Katrina's group practised leg yielding exercises. This helped position a horse correctly on approach, going over and after each obstacle. Poles were laid into a herringbone pattern with openings for the horse to walk through. Each rider had to halt, move the horse's hindquarters over 90 degrees then move through the gap. Other activities included reversing in arcs and straight lines, walking and trotting a figure of 8 and asking horse to yield over to a marker. Obstacles included a bridge, cones and pole maze. The biggest surprise of the day was Peta's horse Ollie, who took a fancy to every activity and was spotted enjoying himself.

Alysha's group started off on the ground with the obstacles and then rode them in the second lesson. The group focussed on riding techniques over a bridge, the squirter wooden box, a pole maze, pallet step, noodle squeeze and noodle curtain. One of our day members, Hannah Colbeck, came to NARC for the first time. She really enjoyed herself and was thrilled how well her horse went as he had never done agility before. To begin with, Hannah's horse was reluctant to stand on the bridges etc. And she stayed in the afternoon to do the practice runs and was really excited about the improvements made. Thank you Hannah and we hope to see you back at NARC soon.

Nan spent a lot of time setting up terrific exercises for both horse and rider. And here's Nan in her own words:

A lovely day greeted the CBG at NARC Agility Day: Fun with Obstacles.

My group were the "Starter or Entry level" to Horse Agility, consisting of young horses, recently acquired horses and those new to the "sport".

The first session was "on the ground"...concentrating on getting the horses used to each other and the obstacles. In the training of a horse for agility, there are several phases: We teach the horse to lead: forwards, backwards, right, left and halt. We train the horses to negotiate obstacles, calmly and confidently, on the lead.... and then ridden....

This is our first session. We used many different obstacles, starting with cones, in the Circle of Friendship. This is where the horses not only become used to working around, through and between cones, but they also get used to working with a group of horses and handlers. Quite a positive "settling" activity. Then to "up the anti" we introduced the Barrels of Fun. Adding the stop, walk through and then back through. Next activity was bending or weaving, and this was introduced as well as simple lane work, in the Butterfly weave obstacle. The Gateway to Heaven was next, first open and then adding the "opening" & "Closing" without micro-managing our horses, and them calmly walking through the obstacle and not rushing. Next, we introduced the flags... and after carefully introducing to the horses, we "paraded" with all flags flapping.

The second session involved several people riding and a couple still on the ground (as horses weren't ready for riding at this point). We started with simple Square of Comradarie, incorporating cones, a square to ride around, flags and barrels... we stopped, backed, turned left and right and had a lot of fun. Next, we tried the Yellow Brick Road... the pathway between 2 x 30 metre ropes... quite a challenge but all succeeded. Next we put as many of the obstacles together to ride as a "Course" as a group. I kept them "on their hooves/toes" by changing directions and order of obstacles. They all completed the day with smiles and relaxed horses.

After lunch, several riders and led horses completed several "runs" using the obstacles. I used the time to explain, as they performed their course, how this level of agility is "judged" and gave them as many handy hints as I could.

We had lots of laughs, especially as the area we were working in was progressively "mowed" as each session ran, and then a few of the horses wanted to "carry" the obstacles, especially the flags and rope rings.

I was so proud of all the efforts my group put in, with their horses, and how well they all (riders and horses) settled down and completed every activity with a smile and encouragement for their horses.

In the afternoon Katrina also set up agility courses. These were timed, then advice given on how to improve. In Katrina's group it was Linda that set the standard with a fabulous first run. Going smoothly over every obstacle and with their eyes on the next one. Doing these practise runs helped us tie together our work from the morning. And with a big smile, we ended the afternoon by packing up the gear.

A special thank you to Beryl for mowing around the club room, parking areas and giving us access tracks for floats and cars. We're also grateful to Beryl for allowing us to use the hay paddock, as we were riding in knee height grasses. Hope we didn't flatten too much of your grass?

Our agility rally was definitely a success. Keep an eye on our website, Facebook and newsletter, as we plan to hold some dedicated agility training days across Summer. And next year, agility will be a standard feature of every rally, along with flat classes and showjumping. So, if you're keen on agility. We have more to come!







UPCOMING RALLIES

November Rally Birralee

- Flat –Shantel Radford
- Jumping – Kristin Pitt
- Settling In – India Woods and Di Colebrook



December No Rally

January Rally Westbury

- Flat –Shantel Radford
- Jumping – Ann Rechberger
- Agility – Alysha Verwey
- Afternoon Session - Shannon Lee presentation on basic first aid for horses
- Settling In – Jan Biggar

**NEW FORMAT
NEXT YEAR**

Commencing with the January rally we are introducing a variation to our current rally format in 2019.

Morning Session will consist of 2 lessons with a choice from 3 options.

- Flat
- Jumping
- Agility

You will indicate your preferred options through the booking process. Every effort will be made to accommodate to your selection however depending on numbers this may not always be possible.

Settling In Class

Our regular settling-in class will be conducted separately to the morning session and participants are welcome to join in either of the afternoon classes as well.

Afternoon Session

An exciting new non-ridden class will be offered at each rally in the afternoon. This has come about in response to the requests in our member survey conducted earlier this year. Details will be available on the bookings tab of the website when the rally is live for bookings or via facebook as soon as finalised. *We have some exciting things planned.....*

In addition there will be a ridden class option.

As with the morning session, please indicate your preferences when booking.

If you require more information on our Settling In class or how the format will work, please contact Norma Cormican Ph: 0412 845 375

February 23 and 24 Camp at Harveydale

Lots of Fabulous things to do at our camp, watch this space and on facebook.

NAN CATMUR CLINICS

Agility clinics to be hosted by Nan Catmur at her Longford property. Maximum of 6 people. Cost is \$35 per person per day.

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be via the website www.northernadultridingclub.org.au including payment

Weekends

Sunday 9 December – 1:00 pm to 4:00 pm – Starter Day

Weekdays:

Wednesday 5 December – 11:00 am to 2:00 pm – Starter Day

AGILITY PRACTICE DAY

Agility practice day to be held at the NARC grounds, Westbury. Instructors include Nan Catmur and Shantel Radford. Maximum of 16 people. Cost is \$35 per person per day.

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be via the website www.northernadultridingclub.org.au including payment

Saturday 5 January – 10:00 am to 12:30 pm.

FUN WITH OBSTACLES MINI COMPETITION

Hosted by Nan Catmur at her Longford property. Maximum of 15 entries each day. Cost is \$35 per person per day.

2 classes per person. Ribbons to 3rd place.

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be via the website www.northernadultridingclub.org.au including payment

Saturday 19 January – Course walk at 10.00 am

Led and Ridden

Sunday 20 January – Course walk at 10.00 am

Ridden Only

KATRINA MILLER CLINIC

A 3 day Introductory Clinic with Katrina Miller will be held at her Pipers River property on 12, 13 and 14 January, 2019. Minimum of 6 riders maximum of 8 riders. Cost is \$90 per person per day. Suitable for all disciplines including agility.

Please Note: Riders intending to participate in subsequent one day clinics with Katrina MUST have completed a 3 Day introductory clinic with her (such as this one).

All enquiries to Jenny Harvey 0407 514 611

Bookings MUST be via the website www.northernadultridingclub.org.au including payment

TRAIL RIDE

A trail ride will be held at Junction Farm Equestrian Park, 38 Westwood Rd, Hadspen on Sunday 30th December, 2018.

Coming off Meander Valley Road, the entrance is the first driveway on the right, just over the bridge on Westwood Road. Parking is the flat area below the arena.

Registration at 10.00 to ride out at 10.30.

Riders have the option of 2 groups, one will take a longer route, whilst the other will be a shorter ride going directly to the lunch spot. Both groups meet at same spot for lunch. A BBQ lunch will be supplied by the club. If you would like to bring your own lunch this can be transported for you

No private vehicles to the lunch spot. No dogs.

Cost is \$10 for members and \$15 for non members. Please remember to have your membership number ready when you book on the website. **Bookings and payment MUST be made prior to the date.**

Enquiries to Dana Medhurst on 0437 958 941



END OF YEAR FUNCTION

Members and friends are invited to join us for a meal at the Iron Horse Bar and Grill, 468 Westbury Road, Prospect on Friday 14th December.

Drinks at 6.30 for a 7.00 start.

Order from the Menu.

Put your creative hats on come along in your best fancy dress. Prizes for the Best Dressed. We have the use of a private room so don't be shy. There will be lots of fun activities as well.

Bookings Essential via the website by Thursday 6 December.

Enquiries to Sallie Wadley 0428 974 718.

**DRESS UP
& PARTY**



TRADERS' TREASURES

Dressage Saddle

Otto Schumacher Profi Exklusive Dressage Saddle 17.5 inch. Quality German Craftmanship, Black 17 1/2 inch. Set up currently medium-wide but is fully adjustable by saddler with heat press. Usual wear marks. Good condition, girth points in great condition. Really lovely saddle to ride in with a wide seat. Surplus to current needs. Unmounted \$900
Contact Norma Cormican 0412 845 375

Saddles

Hubertus Dressage Saddle 16 inch, good condition. Unmounted \$150
Denis Jackson Stock Saddle, Excellent condition. Mounted \$1,200
Contact Sallie Wadley 0428 974 718